

2024/25 SEASON



# JENNY OATES MEMORIAL CHAMPIONSHIP LONG COURSE MEET

**JUST \$5  
PER EVENT**

**REGISTER NOW!**

4:30 PM ON SATURDAY  
**15 FEBRUARY 2025**



**WARRINGAH AQUATIC CENTRE**

WHO WILL BE OUR 2025 AGE CHAMPS? ◀

50M AND 100M EVENTS FOR ALL STROKES ◀

ONLY LONG COURSE MEET OF THE YEAR ◀



# RULES & PROGRAMME

## CONDITIONS OF ENTRY

**Age:** as at the day of the meet.

**Point score:** points will be awarded but not where a swimmer is disqualified or, when applicable, does not achieve the qualifying time.

**Qualifying times:** where an event has a qualifying time, entrants must have recorded a faster time than the qualifying time to enter the event.

**Registration:** all competitors must be registered members of an affiliated club.

**Relays:** clubs may enter a maximum of two relay teams per event by submitting a Relay Entry Form to the Recording Desk prior to Event 12.

**Rules:** the meet shall be conducted under the Rules of the Association.

## ENTRY CLOSING DATE

9:00 pm on Wednesday 12 February 2025.

All entries must be submitted through the Online Entry System by Race Secretaries  
Late entries will not be accepted!

## MEDALS AND RIBBONS

Medals will be awarded to 1st, 2nd and 3rd place getters in each age group.

Ribbons will be awarded to 1st, 2nd and 3rd place getting team in relay events.

## AGE AND OPEN CHAMPIONS

Points will be awarded to swimmers in each 50m event they compete in, contributing towards the Age Champion Point Score for 6/U, 7, 8, 9, 10, 11, 12, 13, 14, 15-29 and 30/O.

Points will be awarded to swimmers in each open event they compete in, contributing towards the Open Champion Point Score.

## RECORDS

Record breakers shall be awarded an official Record Certificate.

## MEET DIRECTOR

Reserves the right to vary the program.  
Enquiries: [info@warringaswimming.asn.au](mailto:info@warringaswimming.asn.au)

M	F	Age	Event	M	F	Age	Event
1	2	OPEN	200m Individual Medley QT: 3:25.00 (M) / 3:30.00 (F)	25	26	12&U	4x50m Freestyle Relay
3	4	16&O	50m Backstroke	27	28	OPEN	4x50m Freestyle Relay
5	6	13-15	50m Backstroke	29	30	7-9	50m Breaststroke
7	8	10-12	50m Backstroke	31	32	10-12	50m Breaststroke
9	10	6&U-9	50m Backstroke	33	34	13-15	50m Breaststroke
11	12	OPEN	100m Freestyle QT: 1:25.00(M) / 1:30.00 (F)	35	36	16&O	50m Breaststroke
13	14	7-9	50m Butterfly	37	38	OPEN	100m Backstroke QT: 1:35.00 (M) / 1:40.00 (F)
15	16	10-12	50m Butterfly	39	40	6&U-9	50m Freestyle
17	18	13-15	50m Butterfly	41	42	10-12	50m Freestyle
19	20	16&O	50m Butterfly	43	44	13-15	50m Freestyle
21	22	OPEN	100m Breaststroke QT: 1:45.00 (M) / 1:50.00 (F)	45	46	16&O	50m Freestyle
23	24	10&U	4x50m Freestyle Relay	47	48	OPEN	100m Butterfly QT: 1:35.00 (M) / 1:40.00 (F)